

It's Back to School and Back to the Pool!

Even though the summer is over, now is the time to continuing developing one of the most important life skill for you and your child –
– SWIMMING!



Back to the Pool Special:

From now through November:



Register for 5 swim lessons,



Refer a friend, and



You both receive a **free** private swim lesson*!

Lessons take place at the **Homewood Suites** of Doylestown/Warrington. Please contact Barb for more information and to schedule your lessons.

Barb Seiden Swimming
267-218-3798
info@barbspersonaltraining.com

Barb Seiden offers swim lessons for all ages and abilities, from basic swimming and survival skills to competitive stroke analysis. She has over 35 years of competitive and recreational swimming experience, including the following credentials:

- Water Safety Instructor (WSI)
- Certified Adaptive Aquatic Instructor
- Certified Lifeguard, CPR, First Aid
- Aquatic Director, Fanny Chapman Swimming Pools
- US Swimming Stroke and Turn Official

*Available through November 2014, please check for lesson time availability.